




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Chicken or Kielbasa w/Sauerkraut Both on a Bun Lyonnaise Potatoes Spinach Romaine Salad Confetti Fourth of July Cake 3	<u>Closed for the Holiday</u>  4	Swt/Sour Chkn/Brn Rice or Macaroni & Cheese Cut Green Beans Romaine Iceberg Salad French Roll Gelatin Jewels w/Whip Top 5	<hr/> <hr/> 6	Rotisserie Style Chicken or Meatloaf w/Gravy Delmonico Potatoes Green Peas Wheat Bread Hmstyle Chocolate Pudding 7
Breaded Baked Fish w/Tartar Sauce or Teriyaki Meatballs Garden Vegetable Rice Broccoli Cuts Marinated Zucchini Salad Cookies & Cream Pudding 10	<hr/> 11	Cream Chicken & Vegt or Beef Mushroom Patty Garlic Whipped Potatoes Steamed Spinach Sunflower Seed Bread Melon Cup 12	<hr/> 13	Chkn Salad Sndwch Half or Egg Salad Sndwch Half on Wheat Bread Vegetarian Vegetable Soup Creamy Coleslaw Chilled Peaches 14
Roast Pork w/Orange Glz or Turkey Apple Meatballs Colcannon Potatoes Lima Beans Cracked Wheat Bread Hermit Bar 17	<hr/> 18	Turkey Patty w/Gravy or Smokehouse Chop Sr Cream & Chive Potatoes Romaine Iceberg Salad Multigrain Roll Cherry Whip 19	<hr/> 20	Furlough Day  21
Chicken Marsala Bake or Beef Spanish Rice Herbed Carrots Spinach Romaine Salad Oat Bran Roll Mandarin Oranges 24	<hr/> 25	Chicken Pasta Salad or Tuna Pasta Salad over Spinach Romaine Lentil Soup Wheat Roll Chilled Pears 26	<hr/> 27	Chicken w/Peanut Sauce & Pasta or Beef Stuffed Green Pepper Cut Green Beans Tossed Salad Sunflower Seed Roll Butterscotch Bar 28
Turkey Divan Bake or Beef Rigatoni Green Peas Marinated Zucchini Salad White Dinner Roll Orange Whip 31	Suggested Donation: \$3.00 per meal (Dining Room) \$3.00 per meal (MOW) <hr/> 1% Milk served with all meals	 TUESDAY, JULY 4	SENIOR & DISABILITIES SERVICES JULY 2017	